Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: KVZP

Coachinfo: Warming up from: 08:00 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Lesceu Philippe HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 13: 100M BREASTSTROKE WOMEN 13+ Heat:10, starttime: 09:20

Heat: 10/19 Lane : 7 Athlete: VAN STEENWINKEL ESTHER **Q-time: 01:32:98**

PB (25m pool): 01:32.98 Vilvoorde 01/03/2026 **PB (50m pool):** 01:36.70 **SB:** 01:37.09 Mons 25/10/2026

	25 M	50 M	75 M	100 M	
PB		00:44.20		01:32.98	
		00:44.20		*00:48.78*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 13+ Heat:14, starttime: 09:30

Heat: 14/19 Lane : 7 Athlete: VAN HOYLANDT JULIE **Q-time: 01:29:66**

PB (25m pool): 01:29.66 Vilvoorde 26/04/2026 **PB (50m pool):** 01:33.16 **SB:** 01:32.26 Leuven 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:42.69		01:29.66	
		00:42.69		*00:46.97*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11-12 Heat:9, starttime: 10:15

Heat: 9/10 Lane : 4 Athlete: PIERART VITO **Q-time: 00:39:43**

PB (25m pool): 00:39.43 Mons 25/10/2026 **PB (50m pool):** 00:40.84 **SB:** 00:39.43 Mons 25/10/2026

	25 M	50 M	
PB		00:39.43	
		00:39.43	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: KVZP

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:8, starttime: 10:30

Heat: 8/20 Lane : 6 Athlete: VAN STEENWINKEL ESTHER — **Q-time: 00:37:81**

PB (25m pool): 00:37.81 Hannuit 18/01/2025 **PB (50m pool):** 00:40.95 **SB:** no time

	25 M	50 M	
PB		00:37.81	
		00:37.81	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:15, starttime: 10:35

Heat: 15/20 Lane : 4 Athlete: VAN HOYLANDT JULIE — **Q-time: 00:34:88**

PB (25m pool): 00:34.88 Leuven 04/10/2026 **PB (50m pool):** 00:35.72 **SB:** 00:34.88 Leuven 04/10/2026

	25 M	50 M	
PB		00:34.88	
		00:34.88	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11-12 — Heat:9, starttime: 11:35

Heat: 9/15 Lane : 3 Athlete: KEERSMAEKERS ELLA — **Q-time: 01:17:36**

PB (25m pool): 01:17.36 Gemeentelijk zwembad Heuvelkou 11/12 2026 **PB (50m pool):** 01:17.90 **SB:** 01:17.36 Gemeentelijk zwembad Heuvelkou 1

	25 M	50 M	75 M	100 M	
PB		00:37.16		01:17.36	
		00:37.16		*00:40.20*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11-12 — Heat:15, starttime: 11:45

Heat: 15/15 Lane : 3 Athlete: VAN DEN TROOST AMY — **Q-time: 01:11:28**

PB (25m pool): 01:11.28 Tervuren 30/05/2026 **PB (50m pool):** 01:13.91 **SB:** 01:12.60 Gemeentelijk zwembad Heuvelkou 1

	25 M	50 M	75 M	100 M	
PB		00:34.31		01:11.28	
		00:34.31		*00:36.97*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: KVZP

Event number: 19: 100M BREASTSTROKE MEN 11-12 **Heat:4, starttime: 11:55**

Heat: 4/11 Lane : 4 Athlete: PIERART VITO **Q-time: 01:48:91**

PB (25m pool): 01:48.91 Mons 25/10/2026 **PB (50m pool):** 02:03.34 **SB:** 01:48.91 Mons 25/10/2026

	25M	50M	75M	100M	
PB		00:52.28		01:48.91	
		00:52.28		*00:56.63*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: